



## Ali Arif

**ID:** 41203-4438082-3 | **Work permit:** Pakistani | **Date of birth:** 21/01/1998 |

**Place of birth:** Dadu, Pakistan | **Nationality:** Pakistani | **Phone number:**

(+92) 3043470212 (Work) | **Phone number:** (+92) 3431311411 (Mobile) | **Email address:**

[arainaliarif@gmail.com](mailto:arainaliarif@gmail.com) | **Whatsapp Messenger:** +923431311411 |

**Address:** Qazi Muhalla, Khairpur Nathan Shah, District Dadu, 76260, DADU, Pakistan (Home)

### ABOUT ME

Dedicated and compassionate Medical Officer with 3 years of experience providing high-quality patient care, health education, and supporting healthcare teams. Skilled in patient assessment, diagnosis, and treatment planning, with proficiency in prescribing, conducting medical procedures, and promoting quality improvement. Recognized for strong clinical skills, effective communication, and a commitment to comprehensive, patient-centered care.

### EDUCATION AND TRAINING

02/01/2017 – 22/04/2022 Larkana , Pakistan

**BACHELORS OF MEDICINE AND SURGERY** Shaheed Mohtarma Benazir Bhutto Medical University, Larkana

#### First Professional MBBS (Year 1)

- Anatomy + Biomedical Ethics
- Physiology + Information Technology
- Biochemistry + Community Medicine

#### Second Professional MBBS (Year 2)

- Anatomy + Biomedical Ethics
- Physiology + Information Technology
- Biochemistry + Community Medicine

#### Third Professional MBBS (Year 3)

- Pharmacology & Therapeutics
- Forensic Medicine & Toxicology
- Pathology General including Microbiology & Parasitology

#### Fourth Professional MBBS (Year 4)

- Special Pathology
- Community Medicine
- Otorhinolaryngology (ENT)
- Ophthalmology (EYE)

#### Final Professional MBBS (Year 5)

- Medicine
- Surgery
- Pediatrics
- Obstetrics & Genecology

**Level in EQF** EQF level 6

### WORK EXPERIENCE

**MEDICAL OFFICER – PPHI, DADU, PAKISTAN** – 04/09/2023 – Current – DADU, PAKISTAN

Responsibilities: Conducted patient assessments, diagnoses, and developed treatment plans. Managed cases, provided medical care, and followed up on patient progress. Responded to emergencies, supervised junior staff, and maintained accurate medical records. Coordinated with teams for comprehensive care, ensured protocol compliance, and educated patients on treatment options and prevention.

**INTERNSHIP – JINNAH POSTGRADUATE MEDICAL CENTRE (JPMC), KARACHI, PAKISTAN** – 03/08/2023 – 26/09/2023 – KARACHI, PAKISTAN

**Business or Sector:** Human health and social work activities | **Department:** Department of Medicine | **Website:** <https://www.jpmc.edu.pk/>

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Responsibilities include conducting patient consultations, diagnosing and managing conditions, and prescribing treatments. You monitor progress, provide preventive care, and respond to emergencies. Collaboration with a multidisciplinary team and maintaining accurate records ensures high-quality patient care and compliance with standards.

**DUTY DOCTOR – LARKANA MEDICAL CENTER, LARKANA, PAKISTAN** – 02/02/2023 – 15/06/2023 – LARKANA, PAKISTAN

**Business or Sector:** Human health and social work activities | **Department:** Department of Medicine and Surgery | **Website:** <https://www.apkamuaalij.com/hospitals/larkana/larkana-medical-center>

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**Responsibilities as Duty Doctor-** I Conducted initial assessments, monitored patients, and provided timely interventions. Responded to emergencies, administered prescribed treatments, and maintained accurate patient records. Coordinated with nursing staff, communicated updates to patients and families, and participated in handover meetings to discuss care. Ensured compliance with hospital protocols and safety standards.

**HOUSE OFFICER – CHANDKA MEDICAL COLLEGE [SMBBU], LARKANA, PAKISTAN** – 01/06/2022 – 30/06/2023 – LARKANA, PAKISTAN

**Business or Sector:** Human health and social work activities | **Department:** Department of Medicine and Surgery | **Website:** <https://www.smbbmu.edu.pk/> | **Link :** <https://youtu.be/kdgN83B39AU?si=2o13RAg8lZqfthBs>

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**1st Clinical Rotation in General Surgery Units 1 (1 June 2022- 30 August 2022)**

-I conducted patient assessments, recorded medical histories, and assisted senior surgeons with surgeries and pre- and postoperative care. I performed minor procedures, maintained patient records, joined daily rounds to discuss treatment plans, and responded to emergency calls for initial stabilization. I also explained treatment plans to patients and families and collaborated with multidisciplinary teams for comprehensive care while observing surgical techniques to enhance my skills.

**2nd Clinical Rotation in Urology (1 Sep 2022- 30 Nov 2022)**

-Conducted assessments focused on urological conditions, assisted in surgeries and provided pre- and postoperative care. Performed minor procedures, including catheterization and wound dressing, and maintained detailed patient records. Participated in rounds to discuss patient management, responded to emergency cases, and educated patients and families on treatment plans. Collaborated with radiologists for imaging interpretation and observed urological procedures to enhance skills.

**3rd Clinical Rotation in General Medicine Unit 1 (1 Dec 2022- 30 Feb 2023)**

-I Conducted patient assessments, assisted in diagnosing and managing various conditions, and monitored progress to adjust treatments. Maintained patient records, participated in rounds, provided emergency care, and educated patients on disease management. Collaborated with teams for holistic care and observed treatment protocols for chronic and acute conditions.

**4th Clinical Rotation in Dermatology (1 March 2023- 13 June 2023)**

-I Conducted dermatological assessments, assisted in diagnosing skin conditions, and performed procedures like biopsies. Maintained patient records, participated in case discussions, coordinated lab tests, and educated patients on skincare and preventive measures. Observed treatment techniques and provided counseling on chronic conditions.

**DUTY DOCTOR – FAROOQ MEDICAL CENTER, LARKANA, LARKANA, PAKISTAN** – 01/11/2022 – 15/12/2022 – LARKANA, PAKISTAN

**Business or Sector:** Human health and social work activities | **Department:** Department of Medicine and Surgery | **Website:** <https://www.marham.pk/hospitals/larkana/farooq-medical-center/wakeel-colony>

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**Responsibilities as Duty Doctor-** I Conducted initial assessments, monitored patients, and provided timely interventions. Responded to emergencies, administered prescribed treatments, and maintained accurate patient records. Coordinated with nursing staff, communicated updates to patients and families, and participated in handover meetings to discuss care. Ensured compliance with hospital protocols and safety standards.

**DUTY DOCTOR – INDUS MEDICAL CENTRE, LARKANA, LARKANA, PAKISTAN** – 01/12/2022 – 30/01/2023 – LARKANA, PAKISTAN

**Business or Sector:** Human health and social work activities | **Department:** Department of Medicine and Surgery | **Website:** <https://www.marham.pk/hospitals/larkana/indus-hospital/larkana>

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**Responsibilities as Duty Doctor-** I Conducted initial assessments, monitored patients, and provided timely interventions. Responded to emergencies, administered prescribed treatments, and maintained accurate patient

records. Coordinated with nursing staff, communicated updates to patients and families, and participated in handover meetings to discuss care. Ensured compliance with hospital protocols and safety standards.

## PROFESSIONAL SKILLS

02/06/2022 – CURRENT

### Clinical & Procedural Competencies

#### Emergency Care & Surgical Procedures

- Accessing I/V line and insertion of catheter
- Basic drug management of complaints.
- Emergency and OPD dealing.
- History Taking and physical examination.
- Paracentesis, Lumber puncture ,CVP line.
- Reading of ECG, chest, Xray , Ct brain
- Trauma management, BLS ,CPR
- Working in diabetic clinic

## SOFT SKILLS

03/11/2023 – CURRENT

### Digital Skills

MS Word  
MS Excel  
Power Point

## LANGUAGE SKILLS

Mother tongue(s): **PANJABI; PUNJABI**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>URDU</b>	C1	C1	C1	C1	C1
<b>SINDHI</b>	C1	C1	C1	C1	C1
<b>ENGLISH</b>	C1	C1	B2	B2	C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## NETWORKS AND MEMBERSHIPS

22/04/2022 – CURRENT Pakistan

### Pakistan Medical and Dental Council

Fully registered as a Medical Practitioner (RMP) with the Pakistan Medical and Dental Council (PMDC), the statutory regulatory authority overseeing medical licensure and education in Pakistan. This permanent registration certifies my professional qualification to practice clinical medicine, diagnose conditions, and prescribe treatments independently, ensuring full compliance with national healthcare standards and ethical guidelines.

## RECOMMENDATIONS

Dr Asif Medical Officer at RHC Site Center (PPHI)

Having worked alongside Dr. Ali Arif Arain for the past two years at RHC Sita Road, I can attest that his expert management of emergencies and high-volume OPDs significantly enhanced our operational efficiency. His professional leadership and seamless coordination with multidisciplinary staff make him a highly reliable and valuable asset to any medical facility.