

**More than 20 months of clinical exposure, helped me develop professionalism with strong communication, team work, patient counseling and time management skills. Enhancing them with good clinical approach for wide variety of disease process and having strong proficiencies in conducting patient history and physical examinations, medical documentation and interpretation of diverse range of diagnostic tools.**

Mohammad Yaqoob  
03173438755  
mychemist.89@gmail.com



## OBJECTIVE

•Conducting History and Physical Examination •Time Management Skills •BLS and ATLS protocols skills •Excellent Work Ethics •Documenting Patient Charts •Strong Patient Counseling •HIPAA Knowledge

## EXPERIENCE

18/05/2024 - 19/05/2025  
House officer

**GMMMC teaching Hospital Sukkur**  
General Surgery( 3 months )

1. 3 months of rotation consisting of Identifying and managing common surgical emergencies (acute abdomen, trauma, perforation, obstruction).
- 2.Assisting in elective and emergency surgeries (appendectomy, hernia repair, laparotomy, cholecystectomy).
- 3.Maintaining sterile technique: scrubbing, gowning, gloving, and handling surgical instruments.
- 4.Practicing basic surgical procedures: wound suturing, abscess drainage, dressing changes, suture/staple removal.
- 5.Participating in pre-operative preparation and post-operative care, including fluid balance, pain management, and infection control.
- 6.Documenting patient progress notes, operative findings, discharge summaries, and referrals accurately.
- 7.Communicating effectively with patients, families, and multidisciplinary teams.

Emergency and Trauma(3 months )

- 1.Performed rapid assessment and triage of critically ill and trauma patients.
- 2.Applied ATLS and ACLS protocols for stabilization of emergency

cases.

3. Managed airway emergencies: oxygen therapy, bag-mask ventilation,  
4. Performed life-saving procedures including IV cannulation, fluid resuscitation, NG tube insertion, Foley catheterization, Arterial blood sampling, wound suturing, and abscess drainage.

5. Assisted in advanced emergency interventions: chest tube insertion, central line preparation, tracheostomy care.

6. Provided initial management of shock, polytrauma, head injury, burns, and poisoning cases.

7. Coordinated with surgical, orthopedic, neurosurgical, and ICU teams for multidisciplinary trauma care.

Interpreted and acted upon basic emergency investigations (ECG, X-ray, ABG, FAST ultrasound, Electrolytes, Cultures).

8. Documented emergency case notes, medicolegal reports, referrals, and discharge summaries accurately.

9. Communicated effectively with patients, families, and police/legal authorities in medicolegal situations.

10. Strengthened skills in decision-making, crisis management, teamwork, and working under pressure.

#### ICU-Medical (1.5 months)

1. Conducted rapid assessment and stabilization of critically ill medical patients.

2. Assisted in advanced critical care interventions: mechanical ventilation setup, non-invasive ventilation (CPAP/BiPAP), and vasopressor support (under supervision).

3. Monitored hemodynamic parameters, fluid balance, and response to therapy in unstable patients.

4. Managed common ICU conditions: sepsis, ARDS, DKA, electrolyte disturbances, myocardial infarction, and stroke .

5. Ensured infection control practices and prevention of ventilator-associated pneumonia (VAP) and catheter-related infections.

6. Collaborated with multidisciplinary teams (cardiology, nephrology, pulmonology, infectious disease) for complex case management.

7. Developed strong communication, empathy, confidentiality, and crisis-intervention skills in dealing with patients and families.

8. Enhanced skills in clinical decision-making, teamwork, communication, and handling high-stress environments.

#### Psychiatry (1.5 months)

1. Performed comprehensive psychiatric history-taking and detailed mental status examinations (MSE).

2. Identified and managed common psychiatric emergencies (acute psychosis, suicidal ideation/attempts, delirium, substance withdrawal).

3. Assisted in the assessment and management of mood disorders, anxiety disorders, schizophrenia, and personality disorders.

4. Developed strong communication, empathy, confidentiality, and crisis skills dealing with patient and families

#### 3 months General Medicine

### Patient Care & Clinical Skills

- Performed comprehensive history taking and physical examinations for diverse medical cases.
- Monitored and managed inpatients with acute and chronic conditions under supervision.
- Assisted in formulation of differential diagnoses and treatment plans. Gained experience in managing common emergencies (e.g., diabetic ketoacidosis, hypertensive crisis, sepsis).
- Procedures & Technical Skills
- Performed and assisted in procedures such as IV cannulation, NG tube insertion, Foley catheterization, ABG sampling, and ECG interpretation.
- Assisted in lumbar puncture, pleural tapping, ascitic tapping (if exposed).
- Teamwork & Multidisciplinary Collaboration
- Worked closely with consultants, residents, nurses, and allied health staff to provide coordinated patient care.
- Participated in daily ward rounds, discharge planning, and patient counseling.
- Documentation & Communication
- Maintained accurate inpatient records, progress notes, and discharge summaries.
- Communicated effectively with patients and families regarding diagnosis, prognosis, and treatment plans.
- Academic & Learning
- Attended and presented in case discussions, morbidity/mortality meetings, and journal clubs.
- Developed knowledge in evidence-based management of medical conditions such as diabetes, hypertension, pneumonia, and heart failure.

**26-5-2025 - 14-8-2025**

### **Medical Officer Emergency**

#### **Red Crescent hospital Sukkur**

Managing Emergency department and floors consisting of 30 to 50 patients during night shift  
Responsibilities including supervising and coordinating care of patients from different specialties including Medicine, Surgery, OBGYN, Pediatrics and subspecialties. Independent decision making for care of patient and consulting concerned treating attending.  
This experience enhanced my decision making, clinical judgment and critical thinking.  
Improved my reflexes for aggressively and timely intervening patients in emergency

**01-10-2025 - UpTo Date**

### **RMO( ICU and Dialysis)**

#### **SIUT Sukkur**

Performed pre-dialysis assessment including vitals, fluid status, cardiovascular evaluation, and review of lab results.

Managed acute dialysis indications: hyperkalemia, severe acidosis, fluid overload, and uremic symptoms.

Supervised hemodialysis procedures, ensuring correct dialyzer, blood flow rate, dialysate composition, and ultrafiltration goals.

Monitored patients throughout dialysis for hypotension, cramps, arrhythmias, disequilibrium, and access complications.

Provided post-dialysis evaluation and adjusted fluid/diet/medication plans accordingly.

Handled dialysis emergencies: severe hypotension, anaphylaxis to dialyzer, line block, hemolysis, and air embolism (protocol-driven).

Adjusted drug doses in CKD/ESRD, including antibiotics, antihypertensives, anticoagulation, and electrolyte management.

Performed and monitored heparin anticoagulation protocols and heparin-free dialysis where required.

Managed hypertension in dialysis patients, including intradialytic BP instability.

Monitored fluid balance, dry weight, interdialytic weight gain, and volume overload signs.

Managed anemia in CKD: ESA dosing, IV iron administration, and hemoglobin targets.

Managed CKD-MBD: calcium, phosphorus, vitamin D analogues, cinacalcet adjustments.

Educated patients on diet, fluid restriction, and medication adherence.

Maintained accurate dialysis charts, fluid balance sheets, medication records, and complication logs.

Updated daily progress notes and communicated critical findings to senior nephrologists.

Assisted in dialysis scheduling, machine calibration checks, and water treatment monitoring.

## EDUCATION

Degree / Course	University / Board	Percentage / CGPA	Year of passing
MBBS	Ghulam Muhammad Mahar Medical College Sukkur	60.5%	2024

## ADDITIONAL PERSONAL INFO

Address	1.Police Line Sukkur 2.Rafi Mall Near Nadra office Malir, Karachi
Languages	English Urdu Sindhi
Date of Birth	01/06/1998
Marital status	Unmarried
Nationality	Pakistani
Religion	Islam
Gender	Male