



# Adnan Arain

## Profile

Dynamic and dedicated House Officer with a year of experience in managing patient care and collaborating with multidisciplinary teams to ensure optimal treatment outcomes. Proficient in conducting comprehensive assessments, developing care plans, and educating patients on health management strategies. Strong background in orthopaedic and surgical procedures, alongside essential skills in acute and chronic disease management. Committed to enhancing service delivery through participation in quality improvement initiatives, demonstrating a passion for patient advocacy and excellence in healthcare.

## Employment History

### House job at House officer , Khairpur Mirs

July 2024 — July 2025

- Managed patient care, ensuring adherence to treatment protocols and guidelines.
- Conducted thorough patient assessments and documented findings accurately.
- Collaborated with multidisciplinary teams to develop comprehensive care plans.
- Educated patients and families on health management and preventive measures.
- Participated in quality improvement initiatives to enhance service delivery.

## Education

### MBBS, Khairpur medical college, Khairpur Mirs

February 2019 — February 2024

### Intermediate , Government higher secondary school mirpur buriro , Mirpur Buriro

April 2017

### Matric, Government higher boys secondary school mirpur buriro , Mirpur Buriro

April 2015

## Details

Abdul shakoor and bros mirpur buriro tahseel thull district jacobabad

MIRPUR BURIRO, 79100

Pakistan

03091340049

[adnanali32arain@gmail.com](mailto:adnanali32arain@gmail.com)

Date / Place of birth

05-05-2000

Jacobabad

Nationality

Pakistani

## Skills

In orthopaedic surgery i learn about Orthopedic History Taking & Physical Exam , Joint Aspiration & Injection , Wound Care & Suture Removal.

In surgery i have learned about :Surgical Instrumentation , Basic Suturing & Knot Tying , NG Tube Placement ,Foley Catheterization

During paediatric rotation i have learned about: Vital Signs & Growth Parameters , Newborn Examination, Acute Illness Management and their doses, Nutritional Guidance.

During medicine rotation i have learned about: Acute and Chronic Disease Management , ABG Sampling.