

Dr. Syed Ubedullah Shah

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EDUCATION

MBBS — Dow Medical College

2019–2024

CGPA - 3.4

Graduated with a solid academic foundation and with consistent performance across academic and clinical years.

Intermediate — Ali Trust College Islamabad

2016–2018

Passed intermediate under Federal board.

CLINICAL EXPERIENCE AND CERTIFICATIONS

Intern (House Officer)

Civil Hospital Karachi

- Completed rotations in multiple departments, with three-month stints in each:
 - **Department of General Surgery** (May 2024 – August 2024) –
 - Actively participated in various surgeries, performed incisions and sutures. Assisted in local procedures like wound debridement and Incision & drainage.
 - Performed pre-operative workups and actively managed post-operative patients in ward
 - Received a **Letter of Recommendation** from **Prof. Dr. Muhammad Zubair**, Head of the department.
 - **Department of Orthopedics** (August 2024 – November 2025) – **Surgery Minor Rotation**.
 - Gained proficiency in managing **Emergencies and Traumatic injuries**
 - Participated in various surgical procedures including **Amputations, External Fixations and Intramedullary nailing**
 - Received a **Letter of Recommendation** from **Dr. Badar uddin Sehto**, Head of Department.
 - **Department of Dermatology** (November 2024 – February 2024).
 - Assisted in outpatient clinics, minor dermatologic procedures, and skin biopsies
 - Received a **Letter of Recommendation** from **Dr. Humaira Talat**, Head of Department.

SKILLS

Leadership
Communication
Presentation
Teamwork
Time
management

LANGUAGES

Urdu, Sindhi,
English

- **Department of General Medicine** (February 2025 – May 2025).
 - Performed minor procedures such as **venipuncture, ABGs sampling, urinary catheterization, Lumbar puncture and NG tube insertion.**
 - Actively participated in daily ward rounds, case presentations, and diagnostic planning
 - Conducted detailed patient histories and comprehensive physical examinations under supervision
 - Received a **Letter of Recommendation From Prof. Dr. Amanullah Abbasi**, Head of the department for exemplary performance.

Medical ICU Training

Civil Hospital | December 15 – 31,2024

- Provided patient care inICU managing critically ill patients under supervision. Responding to emergencies, and assisting in resuscitation
- Assisted in **key procedures**, including:
 - Central venous line insertion and CVP measurement
 - Endotracheal intubation
 - Lumbar puncture
- Received a **Letter of Recommendation** from **Dr. Syed Hussain Azhar Rizvi (HOD)**.

VOLUNTEER EXPERIENCE Patients'

Welfare Association (PWA)

Feb 2019 – Feb 2020

A non-profit Organization run by medical students from Dow Medical College that aims at to help thalassemia patients and provide services such as safe blood donations.

- Volunteered with Patients' Welfare Association, leading awareness campaigns on thalassemia and safe blood donation.
- Led multiple donation drives across the city.
- Volunteered in managing fundraising events.

SAAYA

2022 – 2023

A non-profit NGO that aims at shelter building and provision of medicines and costly laboratory testing to the underprivileged, visiting Civil Hospital Karachi.

- Participated in **drug abuse awareness campaigns** and health education workshops organized by SOCH, promoting healthy practices among patients, attendants, and the general public at Civil Hospital Karachi.

Hamara Mustaqbil

2023– 2024

Hamara Mustaqbil is a non-profit NGO, initiated by some students of Dow Medical College, that strives towards both the education and holistic development of our youth, primarily focusing on the underprivileged.

- Communicated with families of sponsored students, ensuring smooth distribution of educational funds and support under Hamara Mustaqbil's student sponsorship program.

COMPLETED RESEARCH

KNOWLEDGE, ATTITUDE, AND PRACTICES OF POST PARTUM DEPRESSION AMONG PAKISTAN'S URBAN POPULATION

2022

- This research aimed to assess the awareness, beliefs, and healthcare-seeking behavior related to postpartum depression among women in urban areas of Pakistan. Conducted at Civil Hospital Karachi, the study highlighted the significant gap in knowledge and the presence of stigma associated with maternal mental health. Findings emphasized the need for improved screening, education, and support systems for new mothers. The research contributes to public health efforts by encouraging the integration of mental health awareness into postnatal care practices and influencing policy to prioritize maternal psychological well-being in urban healthcare settings.

SKILLS

- Experienced in clinical procedures such as **venipuncture, ABGs sampling, catheterization, NG tube insertion, Lumbar puncture and basic-level suturing.**
- Strong communication skills and leadership abilities, Multilingual proficiency in Sindhi, Urdu and English.