

Dr. AYESHA ZAHID

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PROFESSIONAL STATEMENT

Dedicated medical professional adept at diagnosing and managing a broad spectrum of medical conditions, I have consistently demonstrated strong clinical skills, effective teamwork & great communication skills and a commitment to delivering high-quality patient care. I am currently pursuing MCPS in Anesthesiology. My goal is to contribute to the exceptional patient care and innovative medical practices.

EDUCATION

- **MBBS – 2024**

Jinnah Sindh Medical University, Karachi

- **Higher Secondary School Certificate (Intermediate) – 2017**

Board: Federal Board of Intermediate and Secondary Education (FBISE), Islamabad

College: Pakistan International School Jeddah, KSA

- **Secondary School Certificate (Matriculation) – 2014**

Board: Federal Board of Intermediate and Secondary Education (FBISE), Islamabad

School: Pakistan International School Jeddah, KSA

WORK EXPERIENCE

July, 2024 – July, 2025: Intern

Jinnah Postgraduate Medical Center, 3000+ bedded tertiary care teaching hospital in Karachi

My key responsibilities during this period included;

- Assisting in the initial assessment of patients, including history-taking, physical examinations and documentation.
- Collaborating with senior medical staff to formulate differential diagnoses and management plans.
- Performing basic procedures under supervision, such as venipuncture, catheterization, and wound care.
- Prescribing medications under supervision and monitoring patient's responses to treatments.
- Participating in daily ward rounds with the medical team, discussing patient progress and management plans.
- Assisting in the preparation of discharge summaries and ensuring appropriate follow-up arrangements are made.
- Communicating effectively with patients and their families, providing clear explanations of diagnoses, treatments, and care plans.

PROFESSIONAL CERTIFICATIONS

- Advance Cardiac Life Support (ACLS) Certification – American Heart Association (AHA)
- Interpretation of ECG Certification – Pakistan Medical Association (PIMA)
- Neurology Certificate Course – Aga Khan University Hospital (AKUH)
- De-escalation of Violence in Health Care Facility Certification – ICRC
- Training and Certification in the Treatment and Management of Burns Injury – DUHS
- Reducing the Risk of HIV Exposure Among Health Care Providers Certification – AKUH
- Certification in the Diagnosis and Management of Nephrotic Syndrome – AKUH
- Certification in the Role of Genetic Testing and Screening in the Management of Breast Cancer – AKUH

PROCEDURAL SKILLS

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| • ABG & Blood Sampling | • Subcutaneous & Intramuscular injections |
| • Intravenous Canulation | • Diagnostic & therapeutic Thoracocentesis |
| • NG Tube insertion with lavage | • Diagnostic & therapeutic Paracentesis |
| • Endotracheal Intubation | • Urinary bladder catheterization |
| • Emergency Tracheostomy | • Central venous & arterial line access |
| • Cricothyrotomy | • Ventricular Tap |
| • Chest tube insertion | • Lumbar Tap |

RESEARCH PUBLICATIONS

- Revolutionary Immunotherapy for Merkel Cell Carcinoma: Retifanlimab-Dlwr (Zynyz) Receives FDA Approval
Published in **Liaquat National Journal of Cancer Care**
DOI: 10.37184/0112.5.4
- Perioperative Management of Anticoagulant and Antiplatelet Therapy in Elective Neurosurgery Patients: A Narrative Review
Published in **Journal of Population Therapeutics and Clinical Pharmacology**
DOI: 10.53555/3e663674

- An Uncommon Instance of Appendicular Abscess, Bowel Necrosis and Calculus Cholecystitis, A Rare Case Presentation

Published in **Frontier in Medical and Health Research**

Ref: Volume 3, Issue 5, 2025

- Case Report: Emphysematous Gastritis Associated with Pelvic Abscess

Published in **Journal of Population Therapeutics and Clinical Pharmacology**

DOI: 10.53555/9vf6ye74

LANGUAGE

- English (Professional Level)
- Urdu (Native)
- Arabic (Intermediate Level)