

DR. NARSHMA DEVI

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Karachi, Pakistan

SKILLS

Soft Skills:

- Effective communicator
- Problem-solver
- Disciplined
- Organized
- Team worker
- Quick
- Confident
- Leader with a commitment to continuous learning

Clinical Skills:

- Suturing
- Cannulation in adults and neonates, Sampling
- ALS Provider
- Interpreting Imaging and other investigations

EDUCATION

- **MBBS**
Karachi Medical and Dental College 2011-2016

LICENSING

- Registered with PMDC, Pakistan

ABSTRACT PUBLICATION

TITLE: "Reasons for patients leaving against medical advice".

CONFERENCE: WONCA SAR CONFERENCE, 2024, Sri Lanka.

ROLE: Co-Author

PROFESSIONAL SUMMARY

Compassionate and proficient medical professional with **5.5 years** of experience as a Resident Medical Officer (**4 years in Internal Medicine, and 1.5 years in ICU**). Hold certifications in **ALS, Urgent care and Basic Trauma Care**. Adept at accurately diagnosing and treating patients, managing emergencies, and effectively communicating with patients and their families. Flexible and enthusiastic about sharing my expertise internationally.

PROFESSIONAL EXPERIENCE

Holy Family Hospital, Karachi

Resident Medical Officer (Internal Medicine and ICU)

*November 2023 -- July 2024, **March 2025 – till date***

- Prioritize and manage patients based on the severity.
- Proficiently manage wide variety of conditions including DKA, Sepsis, Stroke, Arrhythmias, Heart failure, Respiratory Failure and Anaphylaxis.
- Collaborate with other healthcare professionals, such as nurses, specialists, and therapists, to ensure coordinated and holistic patient care.

Lifeline Hospital, Karachi

Resident Medical Officer (Emergency Department and ICU)

April 2023 – July 2023

- Assessed and treated critically ill medical patients with RTI, UTI, AGE, CLD, CKD, acute abdomen, stroke.
- Emotional and psychological support given to patients and family members when due.
- Assisted in procedures such as Central line catheterization, intubation, Ascitic tap and Chest tube Insertion.

Holy Family Hospital, Karachi

Resident Medical Officer (Internal Medicine and ICU)

Feb 2022 – Oct 2022

- Assessed patients for the need for diagnostic tests and imaging studies as required by clinical scenarios.
- Managed patients in the ward with acute illnesses, including respiratory infections, urinary tract infections, gastroenteritis, alcoholic liver disease (ALD), acute kidney injury (AKI), and septic shocks.
- Managed several dengue patients during the outbreak of dengue haemorrhagic fever.
- Worked covering shifts in Emergency Department.

AUDIT

- Reasons for patients leaving against medical advice, 2024

CME & CERTIFICATION

- **POCUS** by AKUH, 2025
- Attended E-Learning Courses, Chelsea and Westminster NHS Trust
- Urgent care (**BLS, PLS**) by St. John Ambulance team. 2024
- Attended Workshop on Basic Trauma Care at Health Asia, 2023
- Attended **Qualitative Research Course**, 2023
- Attended Resuscitation Council **ALS** course, 26th February 2023

TEACHING EXPERIENCE

- SHO teaching session on Acute alcohol intoxication
- Bedside teachings on General Physical Examination and Systemic Examinations to Third Year and Final Year Medical Students during House job.
- Workplace informal teachings to Nursing students and Nursing Staff on ECG Interpretation, BLS, ABCDE approach, NEWS Chart, Anaphylaxis.

LANGUAGES

- ENGLISH
- URDU

REFERENCES

- **Dr. Marie Andrades**, Medical Director, Holy Family Hospital

Sindh Government Hospital, Karachi

Medical Officer (COVID ICU)

Jan 2021 – May 2021

- Evaluated COVID patients.
- Promoted COVID vaccinations.

Fatimiyah Hospital, Karachi

Resident Medical Officer (Internal Medicine)

Feb 2020– Feb 2021

- Provided comprehensive medical care and treatment to patients admitted to the medical ward.
- Monitored patients' progress, vital signs, and response to treatment interventions.
- Ordered and interpreted diagnostic tests and imaging studies to aid in diagnosis and treatment planning.

Mariam Hospital, Karachi

Resident Medical Officer (Internal Medicine)

Aug 2018 – Jan 2020

- Monitor acute and chronically ill patients' progress on a regular basis.
- Conducted daily rounds on hospitalized patients, updating family members on progress of treatment plan.
- Performed physical examinations, interpreted laboratory results and prescribed medications.

Fatimiyah Hospital, Karachi

Resident medical officer (Internal Medicine)

Feb 2018 – June 2018

- Assessed and examined patients, ordered and interpreted diagnostic studies, developed care plans, updated patients, their families, primary care providers and other consultants

Abbasi Shaheed Hospital, Karachi

House Officer

Jan 2017 – Jan 2018

- Gained wide experience in Medical, Pediatrics, Surgical and Gynecology Department.
- Learned to do Procedures such as Blood sampling, ABGs, Cannulation, NG and Foleys catheterization.
- Assisted in procedures such as Central line catheterization, intubation, Ascitic tap and Chest tube insertion.