

SIMRAN

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near Askari Park Old Sabzi Mandi Karachi



Professional Profile

Highly skilled and dedicated **BDS graduate, FCPS Part-I qualified**, with hands-on experience in dental procedures, oral diagnosis, and patient care. Demonstrates a strong understanding of oral health management and surgical techniques gained through an intensive house job at **Chandka Medical College Hospital (CMCH)**. Committed to delivering quality dental care and improving oral health outcomes through evidence-based practice and compassionate service.

Education

- **BDS**, Bibi Aseefa Dental College,
Shaheed Mohtarma Benazir Bhutto Medical University (SMBBMU), Larkana
- **FCPS Part-I Qualified in Dentistry**
College of Physicians and Surgeons Pakistan (CPSP)
- **HSC (A1 Grade)**, The City School & College, Pano Aqil – 2016
- **SSC (A1 Grade)**, The City School & College, Pano Aqil – 2014

Work Experience

- **House Officer – Chandka Medical College Hospital (CMC), April 2023 – April 2024**
 - a) Oral & Maxillofacial Surgery
 - Tooth extractions (open/closed)
 - Incisional & excisional biopsies
 - Infection management (incision & drainage)
 - Arch bar and IMF placement/removal
 - b) Operative Dentistry
 - Root canal treatments
 - Caries restoration
 - Tooth splinting, post & core treatments
 - c) Prosthodontics
 - Fixed & removable partial dentures
 - Complete dentures
 - Temporary crown fabrication
 - Tooth preparation and impression techniques
 - d) Orthodontics
 - Diagnosis and assistance in orthodontic procedures

- e) Periodontics
 - Oral hygiene instructions
 - Scaling and polishing

Research Work

- 1) “*Oral Health Literacy Among Doctors of Chandka Medical College, Larkana*”
(Ongoing)

Certifications

- Live Webinar on *Modern Approaches in Pediatric Dentistry* (Feb 27, 2025)
- Research Writing to Publication Webinar

Workshops & Seminars Attended

- SPSS Workshop by *Dr. Abdul Bari Memon*, BADC Larkana
- Atraumatic Restorative Treatment (ART) Workshop
- World Oral Health Day Participation – BADC Larkana
- 1st International Research Seminar – SMBBMU Larkana

Awards & Recognitions

- Shield of Appreciation – Top Merit Student, BADC Larkana
- Award of Excellence – Poster Presentation, 2nd Year
- Shield of Appreciation – Department of Community Dentistry
- Awards of Appreciation – Research Proposals (3rd & Final Year) by SMBBMU VC

Skills

- X-ray interpretation & oral diagnosis
- Dental procedures & patient handling
- Anesthesia administration
- Exodontia
- Root canal treatment
- Oral hygiene & preventive care

Languages

Sindhi | Urdu | English