



PARAS NAWAZ

MEDICAL DOCTOR • HYDERABAD, SINDH, 71000, PAKISTAN • 03040287283

◦ DETAILS ◦

B-42, Industrial Cooperative Society, Hyd 71000 Hyderabad
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Pakistan
03040287283
drparas43@gmail.com
Nationality
Pakistani

◦ PUBLICATIONS ◦

[Translation of The Ministry of utmost Happiness](#)
[Hashoo Kewalramani](#)
[Proof Reading & Editing of Science Jee Tareekh \(Men of Science \)](#)

◦ SKILLS ◦

History Taking
Data Analysis
Interpretation of Lab Reports
IV Cannulation
Microsoft PowerPoint
Communication Skills
Creativity
Effective Time Management
Leadership
Computer Skills
Time Management
Adaptability
Ability to Work in a Team
Communication
Hard Working
Gynecology & obstetric patient management
Conducting normal vaginal deliveries & postnatal care

RESUME OBJECTIVE

To secure a medical officer position in an international hospital where I can apply my clinical skills in Gynecology, Obstetrics, Medicine, Pediatrics, Surgery, and ICU care to deliver high-quality patient-centered treatment. I aim to contribute to healthcare development while continuing to expand my knowledge and professional expertise. I am looking for an opportunity to gain experience at a renowned organization where I can contribute to the best of my abilities and with utmost sincerity thereby achieving ultimate goal of excellence in medical field.

★ PROFESSIONAL SUMMARY

Dedicated and compassionate medical professional seeking a position as a Medical Doctor in a reputable healthcare institution. Strong background in general medicine with one year of hands-on experience in Gynecology and Obstetrics at PPHI Sindh, including antenatal care, normal vaginal deliveries, and postnatal management. Additionally trained through house job rotations in Medicine, ENT, ICU, Pediatrics, and General Surgery at Liaquat University Hospital, Hyderabad. Skilled in patient-centered care, emergency handling, and community health outreach. Also experienced in medical writing, translation, and research.

WORK EXPERIENCE

House Officer at Sindh Government, Hyderabad, Hyderabad
September 2021 — July 2022

I took clinical history from patients, performed clinical examinations. I worked under post graduates and consultants at various wards, learned the skills of patient management in emergency. I observed and performed procedures such as IV cannulation, N/G tube, P/R examination.

Female Medical Officer (FMO) at PPHI Sindh (1 year, Gynecology Unit)

- Conducted antenatal checkups, normal vaginal deliveries, and postnatal care.
- Managed common obstetric and gynecological emergencies.
- Assisted in family planning counseling and contraceptive procedures.
- Worked closely with community health workers to improve maternal health outcomes.
- Maintained patient records and prepared reports for maternal and child health programs
- Provided health education sessions for women regarding safe pregnancy and hygiene.

★ ADDITIONAL EXPERIENCE

Authored a book on the life of Hashoo Kewal Ramani

Translated Arundhati Roy's novel The Ministry of Utmost Happiness into Sindhi

Wrote over 70 columns on Sindh's history, politics, philosophy, and society

Emergency care and minor procedures
ICU and critical care management
ENT and general surgery exposure
Pediatrics patient assessment and care
Public health and community outreach
Strong communication and interpersonal skills
Medical writing and translation

◦ HOBBIES ◦

Writing, Research, Public Speaking, Reading newspapers, magazines and books, Translation

◦ LANGUAGES ◦

Sindhi

Urdu

English

🎓 EDUCATION AND QUALIFICATIONS

MBBS, LUMHS Hyderabad, Jamshoro

March 2007 — August 2012

Anatomy, Physiology, Biochemistry, Pharmacology, Pathology, Microbiology, Immunology, Parasitology, Forensic Medicine, Medicine, Surgery, Community Medicine, Ophthalmology, ENT, Pediatrics, Gynecology, Obstetrics, Psychiatry.

Distinction In ENT and Community Medicine

Bachelors of Arts, Sindh University, , Hyderabad

May 2012 — March 2013

I studied English, Sindhi, Economics, Sociology, International Relations

Crash course of medical Education, Doctor's Institute Of Medical Sciences, Lahore

May 2023 — August 2024

IELTS, British Council , Karachi

November 2022

Listening 6.5, Reading 7.5, Writing 6.0, Speaking 7.0, Overall Score 7.0

📖 REFERENCES

- Available upon request