

DR. SAIYED ALI HAIDER ZAIDI

MCPS ANESTHESIOLOGIST

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Karachi, Pakistan

Disciplined and vigilant anesthesiologist with proven expertise in perioperative care, emergency management, and ICU operations. Adept at diagnosing root causes of patient distress, ensuring safe anesthesia delivery, and collaborating effectively in multidisciplinary teams. Passionate about advancing anesthesia practices and maintaining a seamless continuum of patient care.

Professional Experience

Specialist Anesthetist

Dec 2023 – Present

Sindh Institute of Urology & Transplantation (SIUT)

- Conduct thorough preoperative assessments ensuring safe anesthesia for complex surgical cases.
- Administer anesthesia for pediatric, adult, and high-risk surgical patient populations.
- Manage ICU patients requiring invasive ventilation and advanced hemodynamic monitoring.
- Oversee intraoperative monitoring ensuring early detection of complications and emergencies.
- Collaborate with multidisciplinary teams for optimal perioperative care and patient safety.
- Provide post-anesthesia care unit monitoring and pain management as per protocols.
- Assist in developing departmental protocols and contributing to quality improvement initiatives.
- Participate in academic activities, clinical discussions, and skill-enhancement workshops regularly.

Resident Medical Officer – Anesthesiology

Jul 2023 – Dec 2023

Sindh Institute of Urology & Transplantation (SIUT)

- Assist consultants in complex anesthesia administration during high-risk surgical procedures.
- Prepare and verify anesthesia machines and monitors before each operation begins.
- Maintain strict sterile technique for central venous and arterial line placement.
- Monitor patient vitals intraoperatively, responding promptly to changes or complications.
- Provide sedation for diagnostic, radiological, and interventional therapeutic procedures.
- Participate in daily ICU rounds, ensuring optimal critical care decision-making.
- Document anesthesia procedures and perioperative events accurately for patient safety.
- Coordinate with surgical, nursing, and ICU teams for integrated patient care.

Trainee – MCPS Anesthesiology

Jan 2021 – Jul 2023

Sindh Institute of Urology & Transplantation (SIUT)

- Train under supervision in anesthesia administration for various surgical specialties.
- Manage difficult airways using advanced techniques and airway adjuncts effectively.
- Assist in anesthesia for renal transplant and oncological surgical procedures.
- Provide postoperative pain management using multimodal analgesic protocols.
- Respond to intraoperative and postoperative emergencies within and outside theatres.
- Handle anesthesia for pediatric, oncology, and critical care patient categories.
- Gain expertise in neuraxial blocks, peripheral nerve blocks, and sedation techniques.

Resident Medical Officer | General Practitioner

Feb 2020 – Jun 2020

Saifee Hospital

- Attend emergency cases requiring urgent medical or pediatric interventions promptly.
- Conduct patient assessment and initiate stabilization measures as per protocols.
- Coordinate with consultants for complex patient management and treatment planning.
- Manage inpatient wards, ensuring continuity and quality of medical care.
- Assist in procedures requiring sedation or analgesia within safe limits.
- Monitor patient recovery progress and adjust treatment plans as necessary.
- Maintain accurate patient records, medical histories, and discharge summaries.

Resident Medical Officer | General Practitioner

Jan 2019

Haleem Hospital

- Manage emergency room patients with medical, surgical, and trauma conditions.
- Initiate diagnostic workup and implement immediate treatment for critical cases.
- Care for orthopedic, pediatric, and medical inpatients on a daily basis.
- Communicate with consultants to coordinate treatment strategies for patient care.
- Assist in emergency resuscitation and stabilization of critically ill patients.
- Monitor post-treatment recovery ensuring readiness for discharge or transfer.
- Maintain detailed medical documentation for legal and clinical purposes.
- Counsel patients and families regarding diagnosis, treatment, and follow-up care.

House Officer

Nov 2017 – Dec 2018

Abbasi Shaheed Hospital

- Rotate through medicine, surgery, and allied specialties gaining broad clinical exposure.
- Assist in performing minor surgical, medical, and diagnostic procedures.
- Monitor inpatients and promptly report findings to senior doctors.
- Maintain accurate ward records and update treatment charts regularly.
- Participate in patient education and counseling for disease management.
- Assist in handling emergency admissions and urgent care requirements.
- Collaborate with nursing teams to provide comprehensive patient-centered care.
- Learn and apply advanced diagnostic and therapeutic medical approaches.

Education Qualification

MCPS Anesthesiology

2023

College of Physicians & Surgeons Pakistan

MBBS

2017

Karachi Medical & Dental College

Intermediate (Pre-Medical)

2011

Aga Khan Higher Secondary School

Matriculation (Science)

2009

Al-Murtaza School

Certifications & Workshops

- BLS – Basic Life Support (2023)
- Communication Skills & Computer Introduction Workshop (2023)
- Pediatric Oncological Emergencies – Recognition & Management (2017)
- World Anesthesia Day Participant (2022)
- Seminar – Practical Management of Low Back Pain (2022)
- Pakistan Society of Anesthesiology Conferences – Multiple Attendances
- Host – Perioperative Anesthesia Care & Medicolegal Implications Conference

Publications

1. Intermittent Fasting: A User-Friendly Method for Type 2 Diabetes Mellitus – Cureus
2. Comparative Study of DEXKET vs. KETOFOL for ERCP Sedation – Pakistan Journal of Medicine & Dentistry

Licenses

- Pakistan Medical & Dental Council (PMDC) Registration Number: 69391-S
- Irish Medical Council (IMC) Registration Number: 535608

Key Competencies

- Preoperative patient assessment and anesthesia risk evaluation
- Difficult airway management and advanced ventilation strategies
- Intraoperative invasive and non-invasive patient monitoring
- Regional anesthesia, neuraxial blocks, and peripheral nerve blocks
- General anesthesia for adult, pediatric, and high-risk surgeries
- ICU patient care, ventilator management, and hemodynamic stabilization
- Pain management and postoperative recovery optimization
- Emergency medicine and advanced resuscitation procedures
- Anesthesia for urology, transplant, orthopedic, and gynecology surgeries
- Anesthesia for radiology, ERCP, endoscopy, and interventional procedures
- PACU management and acute pain service coordination
- Patient counseling, education, and informed consent process
- Multidisciplinary team collaboration for perioperative care
- Clinical documentation, reporting, and medico-legal compliance
- Research participation and presentation in academic conferences

Languages

IELTS · Overall Band Score: 8.5

- English ()
- Urdu (Native)

References

Will be available upon request.