

# Dr. Nayab

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## Personal Statement

I am passionate about patient care and committed to lifelong learning. Through residency, I aim to enhance my clinical skills and contribute meaningfully to healthcare. I'm also dedicated to reshaping medical education in Pakistan—encouraging purpose-driven learning over rote memorization.

## Education

### Bachelors of Dental Surgery (BDS)

*Karachi Medical & Dental College* | 2018 – 2023

### F.Sc (Pre-Medical)

*Sir Adamjee Institute* | 2015 – 2017 — A+ Grade

### Matriculation (Science)

*RHHS* | 2011 – 2015

### Primary & Middle Education

*Noor-ul-Quran School* | 2002 – 2010

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## Clinical & Work Experience

### House Job

*Karachi Medical and Dental College*

2023 - 2024

*Rotations in Dental Opd and Abbasi Shaheed Hospital*

### Internship

*Sindh Institute of Oral Health Sciences*

- **Oral Surgery:** Nov – Dec 2023
- **Endodontics:** Dec 2023 – Jan 2024

### **Associate**

*Esthetique Cosmetic Clinic* | Mar 2024 – Jun 2024

### **Clinical Attachment (Unpaid)**

*Various Departments* | Dec 2022 – Mar 2023

### **Intern – Care Coordinator (Obesity Program)**

*Dawaai.pk, Karachi* | Dec 2022 – May 2023

- Supported ~45 patients with lifestyle guidance
- Managed scheduling, data tracking, and education sessions

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### **Certifications & CPD**

- **Basic Aesthetic Course** – Jan 2024
- **Implantology Course** – Jinnah Sindh Medical University, 2023
- **Treatment Planning in Dentistry** – Aga Khan University, 2019
- **Coronectomy Workshop (CAPP)** – 2020, 1 CME Hr
- **Enamel Abrasion: Latest Approaches (CAPP)** – 2020, 2 CME Hrs
- **Marketing in Dental Practice (CAPP)** – 2020, 2 CME Hrs
- **Contemporary Oral & Dental Sciences (APDF)** – 2020, 18 CPD Hrs
- **First Aid Training** – Red Crescent Society, 2020

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### **Key Achievements**

- **Co-founder** – DoctorsLab (Medical Education Platform) | Aug 2021 – May 2023
- **Top 100 Finalist** – See Pakistan Startup Competition | Aug 2022
- **Cohort Member** – AKU Accelerate Prosperity (NHI) | Sep 2022
- **Cohort 10** – NIC Incubator Program | 2023

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## **Volunteering & Outreach**

- Managed Pediatric Dentistry Stall – HOPES 5th Health Expo, 2020
- Conducted oral health camps – Schools and underserved communities
- Promoted water fluoridation and hygiene awareness
- Organized sessions – Association of International Dentistry

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## **Skills**

- Patient counseling & preventive care
- Dental record management
- Workshop and health camp organization
- Community health promotion
- Interdisciplinary collaboration