

DR. SAGAR LAL SOLANKI

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CAREER OBJECTIVE

As a medical professional with extensive experience in emergency medicine, I am known for my strong communication skills, effective teamwork, and ability to build rapport with both patients and colleagues. I am seeking to further enhance my clinical expertise and patient care skills in a dynamic and fast paced setting, with a focus on delivering high-quality healthcare and ensuring the best possible patient outcomes.

MEDICAL REGISTRATIONS & AFFILIATIONS

Member of Pakistan Medical and Dental Council (PMDC)

PROFESSIONAL QUALIFICATION

Qualification	Institute	Year
MEMBERSHIP OF ROYAL COLLEGE OF EMERGENCY MEDICINE (MRCEM)- PART-2	General Medical Council, United Kingdom (UK)	2024
MEMBERSHIP OF ROYAL COLLEGE OF EMERGENCY MEDICINE (MRCEM)- PART-1	General Medical Council, United Kingdom (UK)	2023
NATIONAL LICENSING EXAM (NLE) PART -2	PAKISTAN MEDICAL COUNCIL	2022
NATIONAL LICENSING EXAM (NLE) PART -1	PAKISTAN MEDICAL COUNCIL	2021
Bachelor of Medicine, Bachelor of Surgery (MBBS)	YANGTZE MEDICAL UNIVERSITY, JINGZHOU, CHINA	2022

PROFESSIONAL EXPERIENCE (CLINICAL)

Organization	Position	Year
Holy Family Hospital, Karachi, Pakistan	Medical Officer (Emergency Department)	Current (Since Jan- 2024)
Indus Hospital & Health Network, Gwadar, Pakistan	Medical Officer (Emergency Department)	June 2023 – September 2023
Jinnah Post-Graduate Medical Centre (JPMC), Karachi	House Officer (Medicine, Emergency Department, General Surgery, Neurosurgery)	February 2022 – March 2023

CLINICAL SKILLS

I.V Cannulation	NG Tube Insertion	SC/IM Injection
Venous Blood Sampling `	Urinary Catheterization	Nasal and Oral Suctioning `
Arterial Blood Sampling	Endotracheal Intubation	Digital Nerve Block

TRAINING AND WORKSHOPS		
Training	Institute	Year
Advanced Cardiac Life Support (ALS)	American Heart Association	2024
Adult Basic Life Support (BLS)	American Heart Association	2023
Simulating Advance Airway Management: Difficult Intubation and Video-Laryngoscopy	Liaquat National Hospital	2024
Whole Person Care and Evidence-Based Medicine	Mercy Home	2024
Mastering Primary Survey in Trauma Patients	Liaquat National Hospital	2024
Certification Program in Emergency Medicine (CPEM) Workshop - Beyond Resuscitation	Indus University of Health Sciences	2025
First- Aid Awareness (As a Facilitator)	Holy Family Hospital	2025

TEAMWORK AND LEADERSHIP

My extensive experience in emergency medicine has equipped me with strong teamwork and leadership skills, allowing me to excel in high-pressure medical settings. I am adept at making quick, informed decisions, remaining calm under pressure, and communicating effectively with colleagues to ensure optimal patient care. Having worked closely with multidisciplinary teams, I have developed a seamless approach to collaboration, ensuring efficient and coordinated emergency responses. Additionally, my leadership experience has strengthened my ability to delegate tasks, guide teams, and support colleagues, creating a positive and effective working environment in fast-paced medical settings.

TEACHING EXPERIENCE

I have been actively involved in medical education, sharing knowledge with colleagues and junior doctors through formal and informal teaching.

- **Formal Teaching:** Delivered multiple clinical presentations, morbidity and mortality meetings, and presented CME session on Primary Survey in Trauma Patient.
- **Informal Teaching:** Assisted colleagues and junior doctors in exam preparation, patient assessment, and hands-on training in procedures like IV cannulation and ABG sampling.
- **Mentorship & Guidance:** Supported peers in MRCEM and NLE exam preparation through study strategies and simulation sessions.
- **Skill Development:** Teaching has strengthened my communication, leadership, and problem-solving skills while reinforcing the value of teamwork and continuous learning.

