

Dr. SANOBER ZAIDI

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Dedicated and compassionate doctor, focused on providing exceptional patient care. Committed to continual professional development and staying abreast of emerging trends and best practices in medicine. Demonstrated proficiency in assisting with various surgical procedures and skilled in examining paediatric patients with excellent communication skills with their parents .

WORK EXPERIENCE

Abbasi Shaheed Hospital

House Training Officer in Medicine

April 2023 to July 2023

- Awarded House Officer of the Month by Dr. Aneela Altaf.
- Identified and addressed issues, implementing treatment plans for resolution or symptom management.
- Initiated administrative requests both verbally and in writing to achieve successful outcomes.
- Reviewed requests for medical testing to ascertain their necessity and validity.
- Developed treatment plans for various disorders impacting internal systems such as cardiovascular, respiratory, and neurological

House Training Officer in Paediatrics

July 2023 to October 2023

- Performed comprehensive consultations for diverse complaints.
- Obtained detailed medical histories, performed physical examinations, and ordered appropriate diagnostic tests to evaluate cardiac function and identify underlying conditions.
- Assisted in the interpretation of diagnostic test results and formulate individualized management plans for patients
- Educated patients about their conditions, risk factors, and treatment options
- Counseled patients on preventive measures.

House Training Officer in UROLOGY

October 2023 to January 2024

- Assisted in preoperative assessments, to ensure surgical readiness and optimize patient outcomes.
- Scrubbed into various major surgical cases.
- Practiced sterile technique and proper surgical gowning and gloving procedures to maintain aseptic conditions
- Performed minor surgical procedures, such as, corn removal, incision and drainage of abscess, circumcision, etc.
- Assisted in postoperative patient care, assessing wound healing, managing pain, and addressing any postoperative complications

House Training Officer in GENERAL SURGERY

January 2024 to April 2024

- Performed comprehensive consultations under supervision of DR JAMALUDDIN
- Assisted in the management of various surgical procedures
- Assisted in post operative patient care .

1 YEAR POST HOUSEJOB EXPERIENCE ;

Gained in valuable experience working in shed hospital as a RMO in respective departments (ward , emergency , HDU , ICU , CCU) .This role allow me to independently manage a diverse range of patients both outpatient and inpatient . I have worked closely with senior physicians and multidisciplinary team .

TEMPORARY ASSIGNMENTS

Hanif Hospital

- Managed a diverse caseload of patients with various medical conditions, prioritizing urgent cases and coordinating with specialists as needed for consultation and treatment

AREEBA MEDICAL CENTRE

- Supervised the Emergency Room as a locum physician overseeing patient triage, treatment, and coordination of care in a fast-paced environment.

EDUCATION

Karachi Medical and Dental College

2017 – 2022 MBBS

Karachi, Pakistan

ST.LAWRENCE'S GOVT DEGREE. College for Women

2014 – 2016 Intermediate, Science Education

Karachi, Pakistan

ST. GEORGE'S School

2013 – 2014 KARACHI BOARD

Karachi, Pakistan

SKILL HIGHLIGHTS

- Basic Surgical Skills
- Basic ICU Skills
- Medical Diagnosis
- Medical Consultation
- Emergency Medical Plan & Care
- Excellent communication skills.
- Good Bedside Manner
- Sterile Technique