



Jitendar Kumar

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Objective

Motivated and diligent medical graduate pursuing a career in Anaesthesia and critical care seeking a position to develop practical skills and deepen knowledge in anesthesia management, perioperative care, and critical patient monitoring. Eager to contribute to a collaborative healthcare team while gaining hands-on experience under the guidance of experienced professionals. Committed to delivering safe, patient-centered care and continuously improving clinical expertise.

Experience

- The Aga Khan University** Aug 2025 - Ongoing
Resident Medical Officer
Working as RMO Anaesthesiology.
- RIMS Trauma Hospital** May 2024 - Aug 2025
Resident Medical Officer
Working as a medical officer in Intensive Care Unit.
- SMBBIT/Dow University Of Health Sciences, Karachi** July 2021 - Nov 2023
Post Graduation Trainee FCPS
Worked as a Post Graduate Trainee Anaesthesiology.
- Taluka Headquarter Hospital, Kashmore** June 2020 - July 2021
Medical Officer
Worked as Covid-19 Medical Officer hired on service rendered basis by Government of Sindh.
- Liaquat National Hospital, Karachi** Jan 2019 - Jan 2020
House Officer/Intern

Education

- Liaquat National Medical College, Karachi** 2018
M.B.B.S
- College Of Physicians And Surgeons, Pakistan** 2020

FCPS Part-1 (Anesthesiology)

Skills

- Airway Management.
- Resuscitation and life support such as Proficiency in cardiac and trauma resuscitation.
- Anesthesia and sedation administration according to calculated doses.
- Provide regional anesthesia such as Intrathecal anesthesia and epidural placement.
- Pain Management.
- Central venous catheter and arterial cannulation.
- Emergency surgery preparation.

Achievements & Awards

- Distinction in Physiology in second professional examination of MBBS.
- Distinction in Medicine in final professional examination of MBBS.

Certificates

- ACLS -AHA- 2025
- Basic Life Support
- Occupational English Test Valid till January 2027
- Advance Airway Management
- Basic ECG Interpretation
- 5 Days Training on Management of COVID-19 Patients in Intensive Care Unit by USAID AND JSI.

Interpersonal And Communication Skills

- **Team Leadership**
Leading resuscitation and trauma teams, communicating clearly with nurses, paramedics, and other specialists in high-pressure situations.
- **Patient communication.**
Explaining treatment plans, and risks to patients and families, often in stressful, emotional situations pre operatively.
- **Collaboration**
Working closely with specialists, hospitalists, and primary care providers to ensure appropriate patient handoffs.

Registrations

- **Pakistan Medical And Dental Council**
Permanent Medical License.
Registration no.77007-S

Languages

- English
- Urdu
- Sindhi

Reference

- - Available upon request.