

# Dr. Romessa Abrar

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## Education

### **DOW DENTAL COLLEGE, DUHS**

Saddar, Karachi

Bachelors of Dental Surgery

Graduation Date: Sept, 2024

## Experience

### **DOW DENTAL COLLEGE**

*Karachi*

#### **House Officer**

Sept. 2024 - Sept. 2025

- Applied theoretical knowledge to clinical practice, including detailed patient history, patient selection, and understanding reference culture in treatment planning.
- Gained hands-on experience in surgical periodontology, laser periodontology, surgical and simple dental extractions, minor oral surgery including full arch alveoloplasty and retrieving biopsy samples, both rotary and conventional endodontics, while managing critical care patients.
- Developed expertise in patient counseling, ethical decision-making, and the importance of research and multidisciplinary dental care.

### **AZERBAIJAN MEDICAL UNIVERSITY**

*Baku, Azerbaijan*

#### **Medical + Surgical Intern/ Exchange Student, IADS-Weborg ICEP**

02 March, 2025 - 12 March, 2025

- Gained experience in multidisciplinary care in a hospital setting as well as a number of private clinics under specialist supervision and mentorship.
- Acquired a Multicultural experience of Baku along with my fellow exchange students. discovered the heritage, historical and economic importance, as well as the geopolitical landscape of Azerbaijan.

### **MUSKURAHAT FOUNDATION (PREVIOUSLY DEUTSCHE CLEFT KINDERHILFE)**

*Karachi*

#### **Medical + Surgical Intern**

01 July, 2023 - 30 July, 2023

- Gained hands-on experience in multidisciplinary care for children with cleft lip and palate, working alongside surgeons, speech therapists, orthodontists, ENT specialists, and pediatric care teams.
- Assisted in surgical procedures, including pre-op and post-op care, and learned to make detailed patient notes. Additionally, developed an understanding of accurate patient selection and the importance of research and documentation in medical practice.

### **ANNUAL DENTAL CONFERENCE, ASIA PACIFIC DENTAL STUDENTS ASSOCIATION**

*Karachi*

#### **Vice President, Organizing Committee**

01 November, 2022 - 05 August, 2023

- Managed a team of 60+ , as well as administrative tasks, including paperwork, documentation, and coordination of logistics, scheduling, and media.
- Supervised registrations, finances, PR, discipline, and all aspects of workshop execution as Chief Executive.
- Collaborated with university administration and external partners like Kaizen pharma, Philips care, and Dental Health News to ensure seamless event operations.
- Developed and negotiated sponsorship proposals, while coordinating with speakers to meet their availability and needs.

## Administration, and Leadership

- HARNESSING DIGITAL DENTISTRY, *Organizer* 03 May. 2025
- SURGICAL PERIODONTOLOGY HANDS-ON WORKSHOP, *Organizer* 11th & 12th Dec. 2024
- PRIVATE TUTOR, *Home Based* 2021- 2024
- AI IN DENTISTRY, DOW DENTAL COLLEGE, *Vice President and Organizer* 25th July. 2023
- TITKTOK DIGITAL SAFETY WORKSHOP , *Ambassador* 02 JUNE.24
- CBCT WORKSHOP, DOW DENTAL COLLEGE, *Vice President and Organizer* 6th July. 2023
- BREAKING THE BARRIERS: A RESEARCH WORKSHOP, *Collaborator and Organizer* July. 2023
- SUPERTOOTH RESCUE MISSION, *Outreach Manager* 14th Sept. 2022

## Skills & Interests

**Skills:** Social Media Marketing and Managing, Video and Photo Editing, Administration, Communication, Leadership, Sponsorship proposal development and acquisition, Collaboration, Art direction.

**Surgical :** Surgical Periodontology, Laser Periodontology, Rotary Endodontics, Aesthetic Dental Restorations, Surgical and Simple Dental Extractions, Minor Oral Surgery.

**Language:** Advanced proficiency in both spoken and written Pashto, Urdu, and English. Beginner level proficiency in Turkish.

**Interests:** Machine Learning, Python, Teaching, Crochet, Gardening, Playing the piano, Baking